

# A-Z OF HEALTH CONDITIONS



DISCOVER WHICH NIMAYA THERAPY IS BEST FOR YOUR HEALTH CONDITION OR CONCERN.

<b>A</b>	
Allergies	Acupuncture, Japanese Integrated Medicine
Alzheimer's	Cryotherapy, Hyperbaric Oxygen Therapy, Red Light Therapy
Anti-Ageing	Cryotherapy, Hyperbaric Oxygen Therapy, Infrared Sauna, Red Light Therapy
Anxiety	Craniosacral Therapy, Cryotherapy, Floatation Therapy, Infrared Sauna, Japanese Integrated Medicine, PandoraStar, Red Light Therapy, Reiki
Arthritis	Cryotherapy, Floatation Therapy, Japanese Integrated Medicine, Infrared Sauna, Red Light Therapy, Reiki
Autism	Hyperbaric Oxygen Therapy
<b>B</b>	
Back pain	Acupuncture, Cryotherapy, Floatation Therapy, Infrared Sauna, Japanese Integrated Medicine, Red Light Therapy, Reiki
Balance	Floatation Therapy, Hyperbaric Oxygen Therapy
Blood pressure & circulation	Acupuncture, Cryotherapy, Floatation Therapy, Hyperbaric Oxygen Therapy, Infrared Sauna, PandoraStar, Red Light Therapy
Bone repair & recovery	Hyperbaric Oxygen Therapy, Japanese Integrated Medicine, Red Light Therapy
Bone alignment	Japanese Integrated Medicine, Red Light Therapy
Breathing problems	Hyperbaric Oxygen Therapy,
<b>C</b>	
Cardiovascular health	Hyperbaric Oxygen Therapy, Red Light Therapy,
Cognitive development	Acupuncture, Red Light Therapy
Collagen production	Cryotherapy, Hyperbaric Oxygen Therapy, Infrared Sauna, Red Light Therapy
Concentration	Floatation Therapy, Infrared Sauna, Japanese Integrated Medicine, PandoraStar
Covid (long covid)	Hyperbaric Oxygen Therapy, Infrared Sauna, Red Light Therapy
Crohn's Disease	Floatation Therapy, Hyperbaric Oxygen Therapy, Japanese Integrated Medicine, Reiki, Red Light Therapy
Creativity	Floatation Therapy, PandoraStar

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## D

Degenerative joint disease	Hyperbaric Oxygen Therapy, Infrared Sauna, Japanese Integrated Medicine Red Light Therapy
Dementia	Cryotherapy, Hyperbaric Oxygen Therapy, Red Light Therapy
Depression	Acupuncture, Cryotherapy, Floatation Therapy, Infrared Sauna, PandoraStar Red Light Therapy, Reiki
Detoxification	Cryotherapy, Floatation Therapy, Hyperbaric Oxygen Therapy, Infrared Sauna Japanese Integrated Medicine
Digestion	Floatation Therapy, Japanese Integrated Medicine, Hyperbaric Oxygen Therapy PandoraStar
Dislocated joints	Japanese Integrated Medicine

## E

Eating behaviours /disorders	Japanese Integrated Medicine
Energy increase	Cryotherapy, Infrared Sauna, Japanese Integrated Medicine, Red Light Therapy, Reiki
Enhanced Performance	Hyperbaric Oxygen Therapy

## F

Fatigue	Cryotherapy, Infrared Sauna, PandoraStar
Fertility	Acupuncture
Fibromyalgia	Floatation Therapy, Hyperbaric Oxygen Therapy, PandoraStar, Red Light Therapy Reiki
Focus	Floatation Therapy, Infrared Sauna, PandoraStar

## G

Global Brain Ischemi	Red Light Therapy
Grief Management	Floatation Therapy, Japanese Integrated Medicine, PandoraStar

## H

Headaches	Acupuncture, Cryotherapy, Infrared Sauna, Japanese Integrated Medicine PandoraStar
Hearing conditions	Acupuncture, Hyperbaric Oxygen Therapy
Heart health	Floatation Therapy, Hyperbaric Oxygen Therapy
Hepatitis	Hyperbaric Oxygen Therapy
Hormone balancing	Acupuncture, PandoraStar, Red Light Therapy

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<b>I</b>	
Immune health	Floatation Therapy, Craniosacral, Cryotherapy, Hyperbaric Oxygen Therapy Infrared Sauna, Japanese Integrated Medicine, Red Light Therapy, Reiki
Increased endurance	Hyperbaric Oxygen Therapy
Infection recovery	Hyperbaric Oxygen Therapy
Inflammation reduction	Cryotherapy, Hyperbaric Oxygen Therapy, Japanese Integrated Medicine, Red Light Therapy
Injury recovery	Floatation Therapy, Hyperbaric Oxygen Therapy, Red Light Therapy
Insomnia	Acupuncture, Floatation Therapy, Infrared Sauna, PandoraStar, Reiki
Intuition	Floatation Therapy
<b>J</b>	
Joint mobility	Acupuncture, Japanese Integrated Medicine, Red Light Therapy
Joint pain management	Floatation Therapy, Hyperbaric Oxygen Therapy, Infrared Sauna, Japanese Integrated Medicine, Red Light Therapy
<b>L</b>	
Labyrinthitis	Hyperbaric Oxygen Therapy
Long Covid	Hyperbaric Oxygen Therapy, Infrared Sauna, Red Light Therapy
Lymphatic system	Red Light Therapy
<b>M</b>	
Meditation	PandoraStar
Memory Loss	Hyperbaric Oxygen Therapy, PandoraStar
Meniere's disease	Hyperbaric Oxygen Therapy
Mental clarity	Cryotherapy, Floatation Therapy, Japanese Integrated Medicine
Metabolism	Cryotherapy
Migraine	Acupuncture, Cryotherapy, Hyperbaric Oxygen Therapy, Infrared Sauna Japanese Integrated Medicine, PandoraStar
Mood improvement	Cryotherapy, PandoraStar
Multiple sclerosis	Hyperbaric Oxygen Therapy, Red Light Therapy
Muscle building & strength	Japanese Integrated Medicine
Muscle recovery	Cryotherapy, Floatation Therapy, Hyperbaric Oxygen Therapy, Infrared Sauna Physiotherapy, Red Light Therapy
Musculo-skeletal conditions	Acupuncture, Craniosacral therapy, Hyperbaric Oxygen Therapy, Reiki

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**N**  
Neurological injury & repair Acupuncture, Cryotherapy, Hyperbaric Oxygen Therapy, Red Light Therapy

**O**  
Oedema Hyperbaric Oxygen Therapy, Red Light Therapy  
Osteoporosis Hyperbaric Oxygen Therapy

**P**  
Pain relief & management Acupuncture, Craniosacral, Cryotherapy, Floatation Therapy, Infrared Sauna  
Hyperbaric Oxygen Therapy, Japanese Integrated Medicine, PandoraStar, Reiki  
Parkinson's symptoms Red Light Therapy, Hyperbaric Oxygen Therapy  
Physical performance Cryotherapy, PandoraStar  
Plastic/reconstructive surgery Hyperbaric Oxygen Therapy, Red Light Therapy  
Post-surgery recovery Acupuncture, Hyperbaric Oxygen Therapy, PandoraStar, Red Light Therapy  
Posture Japanese Integrated Medicine  
PTSD Acupuncture, PandoraStar, Red Light Therapy

**R**  
Radiotherapy/chemo recovery Acupuncture  
Rehabilitation Hyperbaric Oxygen Therapy  
Relaxation CBD Massage, Floatation Therapy, Infrared Sauna, PandoraStar, Reiki  
Rheumatism Acupuncture, CBD Massage, Cryotherapy, Floatation Therapy, Infrared Sauna  
Red Light Therapy, Reiki

**S**  
Sciatica Acupuncture  
Shingles Hyperbaric Oxygen Therapy  
Skin conditions CBD Massage, Cryotherapy, Infrared Sauna, Red Light Therapy  
Sleep disorders Acupuncture, Floatation Therapy, Japanese Integrated Medicine, Infrared Sauna,  
PandoraStar, Reiki  
Soft tissue repair Hyperbaric Oxygen Therapy, Red Light Therapy  
Sprains Japanese Integrated Medicine  
Stress Acupuncture, Craniosacral, Cryotherapy, Floatation Therapy, Infrared Sauna  
PandoraStar, Red Light Therapy, Reiki  
Stroke recovery Hyperbaric Oxygen Therapy, Red Light Therapy