

WELLNESS CENTRE ASSISTANT – APPRENTICE

Centre Opening Hours

Tuesday - Thursday – 11am to 8pm

Friday – 9am to 4pm

Saturday – 11am to 5pm

Hours a week: 40 Full Time

Apprenticeship Rates:

16-18 years old – £5.28/hour

18-20 years old - £7.49/hour

21-22 years old - £10.18/hour

23+ year old - £10.42

An exciting opportunity to train and develop as a hands-on Wellness Centre Assistant. You'll gain experience of a range of leisure and well-being treatments that we offer at our unique and innovative wellness centre, Nimaya Mindstation, in Central London.

As London's first dedicated gym for the mind, our goal is to provide our clients with everything they need to optimise their mind and body wellness.

We offer a range of therapies using state-of-the-art technology including Floatation Therapy, Whole Body Cryotherapy, Red Light Therapy, Infrared Sauna and Hyperbaric Oxygen Therapy, along with a range of holistic treatments such as Japanese Integrated Medicine, Acupuncture, Craniosacral Therapy, Bach Remedies and Reiki.

The centre is the first of its kind in the UK to offer them all in one place, allowing our clients to select and enjoy a number of treatments during a single visit which complement each other and enhance the benefits and results.

THE ROLE

This important role is demanding but rewarding and will require you to carry out the full range of wellness centre duties including, but not limited to;

- Be the first point of contact for our clients, managing reservations and answering the telephone
- Greet clients and take them to their treatment area, explaining the therapies and how they are used and the benefits to the client of each treatment.
- Carry out the full range of admin and clerical duties of the centre, including the processing of payments and cash handling. Dealing with telephone and membership enquiries.

- Ensure all areas of the centre are well maintained and ready for use, with immaculate hygiene standards, carrying out equipment checks and cleaning and sanitising each area after each use.
- Carry out routine cleaning and general housekeeping tasks in line with operating procedures.
- Collect, re-stock and carry out in-house laundry of towels/linen, as required

Prerequisites

- Experience in a wellness or leisure centre environment.
- Excellent personal presentation and interpersonal skills.
- Passionate and knowledgeable about alternative therapies and treatment for mental and physical health.
- Willing to deliver the best service and experience to our guests.
- Great team and communication skills.
- A proactive approach to your work.
- Have a good working knowledge of MS Office Suite

Apply by email with your CV to info@nimaya.co